To prevent and relieve suffering, and promote quality of life at every stage of life

www.PalliativeMed.org     www.IPCRC.net
Huge Need...

- Heart and Cerebrovascular: 59%
- Chronic Pulmonary: 3%
- GI cancer: 4%
- Lung cancer: 2%
- AIDS: 2%
- Cirrhosis: 2%
- Self-inflicted: 2%
- Poisoning: 2%

~75%
Deaths Ukraine (2007)

- Cardiovascular ≈ 290,720
- Cancer ≈ 58,420
- AIDS ≈ 18,860
- Dementia ≈ ?
- End-stage organ failure ≈ ?
- Other ≈ ?

http://apps.who.int/ghodata (2007)
Ukraine 2009
Mortality Estimates

• ≈ 706,740 (all causes) *
  → 2,000,000 affected by death
    > 4% Ukrainian families
• ≈ 60% benefit from palliative care **
  ≈ 424,000 / year

* State Statistics Committee, see www.ukrstat.gov.ua (accessed 5/19/10)
Living with Chronic and Advanced Diseases

- HIV / AIDS ≈ 440,720
- Cancer
- End-stage disease
  - liver, lung, kidney, etc
- Multi-drug resistant TB
- Dementia
- General debility
- Many others....
Elderly Living

Palliative Care is...
Palliative Care

• prevent & relieve suffering
• help people achieve their full potential
...in face of adversity

Palliative Care...

Therapies to modify disease

End-of-life / Hospice Care

Presentation

Therapies to relieve suffering and / or improve quality of life

6m

Death

Bereavement Care
WHO Public Health Strategy
Evolving Policy

- Ministry of Health
  Palliative Care Coordinating Council
  Institute of Palliative and Hospice Medicine
- International Renaissance Foundation
- Others
WHO Public Health Strategy

Drug Availability

Policy

Education

Implementation

Situation

Outcomes
2006 Global Consumption of Morphine

Mg/capita

Ukraine 1.78 mg / capita ≈ 81 kg

Sources: International Narcotics Control Board; United Nations population data
By: Pain & Policy Studies Group, University of Wisconsin/WHO Collaborating Center, 2008
2007 Global Consumption of Fentanyl

Ukraine 0.012 mg / capita ≈ 0.55 kg (2006)

Sources: International Narcotics Control Board; United Nations population data
By: Pain & Policy Studies Group, University of Wisconsin/WHO Collaborating Center, 2009
WHO Public Health Strategy

Policy

Drug Availability

Implementation

Education

Situation

Outcomes
Palliative Care Skills...

Primary
All clinicians
( core skills )

Secondary
Oncologists
( advanced skills )

Tertiary
Palliative care
( expert skills )
Міністерство охорони здоров’я України

Організація і надання паліативної допомоги. Вікові аспекти

Quality Palliative Care: First Practical Course to Build Core Knowledge and Skills

3-20 листопада 2008 November 3-20, 2008
In 2008...

3 Week Introduction to Palliative Care

- 1 week classroom − 90 participants from 16 programs
- 2 weeks bedside training − 32 clinicians
- 4 clinical sites
Практичний курс паліативної допомоги з основами викладання
24 травня - 6 червня 2010 року

Practical Skills in Palliative Care with Trainers' Module
24 May - 6 June, 2010
In 2010...

Train-the-Trainer Program

- 4 weeks in San Diego – 3 visiting scholars
- 1 week in Romania – 10 physicians
- 2 weeks classroom & bedside training – 35 physicians
- 4 clinical sites
- Salzburg Seminars – 2 physicians
The EPEC™-O Curriculum is produced by The EPEC™ Project with major funding provided by NCI, with supplemental funding provided by the Lance Armstrong Foundation.
Next Steps

• Basic & advanced skills – education across Ukraine
  Trained faculty
  Support from international faculty

• 4 Regional educational resource centers
  Cherkasy  Ivano-Frankivsk
  Nikolaev  Odessa
WHO Public Health Strategy

Policy

Implementation

Drug Availability

Education

Situation

Outcomes
Early Implementation

• 7 Hospices, first in 1995
• Integration into some health care services
Challenges & Opportunities…

Change…
Policy, Drug Availability

• All united ➔ “One Voice” through Palliative Care Coordinating Council

• Advocacy Campaign

  Human Rights Watch – Situation Report
Approach to Drug Delivery

• Improve / reduce burden of opioid and other controlled substance regulations
  Prescribing
  Dispensing
  Delivery
  Control
• Policy & Drug Availability Workshop
Approach to Care

- Improve access and process for providing pain management and palliative care

  Who provides

  How provided
Each year: 424,000 patients
≈ 2,000,000 family members!
What Experience... your patients & families, your loved ones, and ultimately yourselves?